

BIGBURY & RINGMORE NEWS

DECEMBER/JANUARY 2024/25

Issue 487



~ IN THIS ISSUE ~

CHRISTMAS CARD cut & fold

THE DETECTORISTS treasure!

VILLAGE KITCHEN stuffed squash

THE OYSTER SHACK winter menu

~

BEEKEEPING pollen pilots

ARTS & CRAFTS pounds barn bubbles

plus

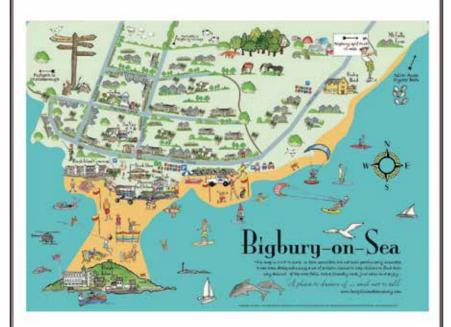
COMMUNITY NEWS WHAT'S ON CHURCH NEWS UNWIND BUSINESS MATTERS 19th HOLE AVON RIVER ~

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John@BigburyOnSeaHolidays.com

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email. Please complete the on-line form at www.bigburynews.com or contact the BNZD editor: henry.wainwright52@gmail.com ADVERTISE LOCAL EVENTS Send your event posters to the BNZD editor. Events in the South Hams are also promoted.

Together we can make a Difference

BIGBURY & RINGMORE NEWS

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15 January for the February / March Issue 15 March for the April / May issue 15 May for the June / July issue 15 July for the August / September issue 15 Sept. for the October / November issue 15 Nov. for the December / January Issue

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BIGBUE

EDITOR'S LETTER

Dear Readers,

As this is the last edition (at least until/unless someone else steps up to be editor), we'd like to thank all the contributors who have sent their interesting pieces and photographs in for the last two years. Thank you to all of our advertisers who have enabled us to keep this magazine as a free publication. Thanks also go to Dane Vanstone and his delivery team in Bigbury and to the deliverers in Ringmore. Out in all weathers, battling the rain and wind, they've brought this magazine to you. Many thanks, as always, to Henry Wainwright for acting as Treasurer and uploading the magazine to the printers.

Over the past two years, being part of Bigbury & Ringmore News has given us a real insight into what makes our communities tick, meeting the people who live here, hearing their stories and learning more about the stunning environment in which we live.

It has been an absolute privilege working together to produce Bigbury & Ringmore News, and to be part of a highly regarded publication that tells your stories, and promotes your events, accolades and achievements. This community has a lot to celebrate and be proud of. We are pleased to have played our part in the collection and presentation of your contributions in a way that we believe we can all appreciate, and this has helped to keep our communities informed and connected.

Many thanks to Louise Wainwright for organising a presentation of gorgeous flowers to us both, to thank us for the last two years. This local magazine has kept us busy and we've had a lot of fun along the way! Now it's time for a Mocktail, or maybe even something bubbly, as we sign off our final editorial meeting. Cheers everyone!

Merry Christmas and a Happy New Year to you all,

Jan Davies, Editor and Nancy Singleton, Business Editor bigburynewseditor@gmail.com



Nancy and Jan

You can still advertise your events in the email newsletter Bigbury Drums by contacting Henry Wainwright at henry.wainwright52@gmail.com

CONTENTS

Community	4-7
What's On	8-9
St Lawrence's Church	10
All Hallows Church	11
Modbury Mission	13
Beach Banter	14-15
Village Kitchen	17
The Detectorists	18
Friends of St Lawrence's	19
Christmas Card	21
Local Books	23
Beekeeping	24-25
Unwind	27
Avon River Champions	28
Bigbury Net Zero	29
The Oyster Shack	31
Business Matters	33
Arts & Crafts	35
19th Hole	39

MODBURY HEALTH CENTRE

Poundwell Meadow Modbury PL21 0QI 01548 830666 www.modburyhealthcentre.co.uk

MODBURY PHARMACY

5 Broad St Modbury PL21 0PS 01548 830215 www.modburypharmacy.co.uk



Could you spare a few hours for the Modbury Caring Befriending Service?

Or perhaps you feel that you, yourself would benefit from a few hours a week from a Befriender?

Find out more from the Befriending Coordinator, **Sheila Harrison Tel: 07554 997140 modburycaring@gmail.com**



BIGBURY PARISH COUNCIL

Chair: Henry Wainwright cllrhwainwright.bigburypc@gmail.com 01548 810991

Vice Chair: David Molesworth cllrdmolesworth.bigburypc@gmail.com 01548 810178

Councillors: Cathy Case 01548 810079 cllrccase.bigburypc.@gmail.com

Johnathon Fish cllrjfish.bigburypc@gmail.com

Hazel Marshall cllrhmarshall.bigburypc@gmail.com

Valerie Scott 01548 810336 cllrscott.bigburypc@gmail.com

Stuart Watts 07802 732368 cllrswatts.bigburypc@gmail.com

Parish Clerk: Ian Bramble clerk.bigburypc@gmail.com

PARISH COUNCIL MINUTES

Minutes of all Parish Council meetings can be viewed in the three parish Notice Boards at:

- Holywell Stores, Bigbury
- Unwind Salon, Bigbury
- Bus Shelter, Bigbury-on-Sea

They are also on the Bigbury Community website: www.bigburycommunity.co.uk

BIGBURY WATCH



Eamonn & Linda Byrnes 811104 or 07790 485102 Not sure whether to call the police about something? Have a chat with our friendly Bigbury Watch Team and perhaps they can give you some advice. Eamonn and Linda are retired police officers and live locally.

RINGMORE PARISH COUNCIL

Chair: Michael Campbell cllrmcampbell.ringmorepc@outlook.com 07796 268851

Vice Chair: Richard Kent-Woolsey cllrrichardkent.ringmorepc@gmail.com 07712 510111

Councillors: Andrew King 07855 829936 kingandi41@gmail.com

John Reynolds 01548 811218 jpreynoldssr@gmail.com

Mike Wood 07483 353887 mikewood81@hotmail.co.uk

Helen Kent hells1510@hotmail.co.uk

Parish Clerk: Ian Bramble ringmorepc@gmail.com

PARISH COUNCIL MINUTES

Minutes of all Parish Council meetings can be viewed in the parish Notice Boards at:

- the bus stop in Ringmore
- below the Nisa shop .

They are also on the Ringmore Parish Council website: www.ringmoreparishcouncil.gov.uk

BIGBURY MEMORIAL HALL Bringing the Community Together

Our winter programme opened in fine style with the latest in our series of Film & Food Nights in mid October. Over 40 people enjoyed the film, "Last Chance Harvey", a romcom starring Dustin Hoffman and Emma Thompson, and contributed some great food to share. Watch out for the next one in the New Year.

The fun continues on Saturday December 7th at 7.30 p.m. with a Christmas Party, with a 60s, 70s, and 80s theme. This will feature live music; glad rags are optional ! Tickets are only £5, with under 18s free. Bring your own food and drink. Contact Dane Vanstone on 07563 110009.

The next event is our ever popular New Year Quiz on Friday January 10th at 7.00 p.m., presented by well known Quiz Inquisitor Norman Botton. Tickets are only £5, which includes a bottle of wine per team. Great value. Teams are a maximum of six. Don't worry if you're not in a ready made team, we can pair you up on the night. Again BYFD. See poster for further details.

Charles Harrington Tel: 810023 Email: charles_harri@yahoo.co.uk

BIGBURY MEMORIAL HALL

<u>Calendar of Events for December 2024 – January 2025</u>

Day & Time	Activity	<u>Organiser</u>	Contact no.				
<u>Mon.</u> 15.45 – 17.00	Table tennis	Angie Bond Janie Grace	811131 811122				
<u>Tues.</u> 7.00 – 8.00	Exercise class	Jessica	07805 895592				
<u>Wed.</u> 10.30 – 12.00 (1 st Wed. of month)	Community Coffee morning	Jean Wright Yvonne Klidjian	810029 810971				
(2 nd Wed. of month) 19.30 19.00	Parish Council Community Choir	lan Bramble (clerk) Apple Taylor appletaylor72@g	855712 gmail.com				
<u>Thurs.</u> 9.30 – 10.30	Pilates	Jill Gubbins	810651				
10.50 -11.30	Strong & Steady (plus tea and chat	Jill Gubbins :)	810651				

4



 Memorial Bench for Gill Middleton

A group of friends, along with Gill's family, have contributed to the purchase of a replacement bench situated on part of family land in Bigbury on Sea. The recycled plastic bench is engraved to remember Gill, a very longstanding resident who died in January this year, and her parents and their friend, who built a home and worked the land in the fifties. The previous wooden seat has been well used by both locals and visitors as it provides a peaceful spot alongside a footpath from which to enjoy a good view across the sea. The choice of recycled plastic for the new bench means it will remain in good condition for many years to come, commemorating a well-known family in Bigbury on Sea's history. **Jill Gubbins**



Dear Jan

A big thank you for your sterling work in editing the Bigbury and Ringmore News over the past few years. The News will miss you at its helm, but for you, onward to new pastures!

I also wanted to wish successful moves to longstanding residents of Bigbury on Sea, Janice and Peter Walton, and Pat and Michael Holness, both couples due to move in the next few months, both to Bovey Tracey as it happens, certainly a change of scenery and also with more amenities than our lovely area. They will be much missed locally but are wished many happy years in their new abodes! The new owners of their homes, and also those of Curlew and Tamarisk, are warmly welcomed to Bigbury on Sea – enjoy! Jill Gubbins



Charlie (left) and Jo Gregory in Bigbury Tea Garden 2022

We are very saddened to learn of the untimely passing of Charlie Murray, who contributed a great deal to our community. She delighted us with the most creative and delicious food imaginable: wonderful pastries, fabulous savouries and scrumptious cakes. She will be missed by many and remembered very fondly.

BIGBURY COFFEE MORNING

On Wednesday 2nd October we raised £350 for South Hams Hospital League of Friends. It was lovely to have Jo present who told us about the refurbishment of the grounds outside the hospital and the care they give for staff and patients-they provide a bowl of fruit for the staff each day!

On Wednesday 6th November we raised £355 for Kingsbridge Age Concern. It was good to have Amanda with us who spoke about the work of the Care Hub and its many activities and clubs. Many thanks to everyone who came and supported us so generously.

On Wednesday 4th December we will be supporting St. Lawrence Church with our Christmas Coffee Morning. On sale will be Christmas logs, cakes, puddings mince pies and other Christmas fare. We look forward to seeing you between 10.30 and noon in the Memorial Hall.

We do not hold a coffee morning in January but finally to say a huge thank you to everyone who supports us so loyally and generously each month we will be holding just a coffee morning on Wednesday 5th February 2025 (no stalls). Meeting at 11am for biscuits, cake and a natter before we start our New Year supporting local charities again.

Enjoy the festive season, Best wishes, Jean, Yvonne and the team.



Food Glorious Food at The 19th Bigbury Golf Club Restaurant

If you've not visited The 19th at Bigbury Golf Club Restaurant to indulge in the fabulous food on offer, you're in for a culinary treat! Head Catering Manager, Maggs, makes everything in house from scratch. She loves baking cakes and puddings and has won prizes for her scrumptious Victoria sponge cake, melt in the mouth chocolate brownies and fabulous flapjacks.



There is no end to Maggs' talent, her Sunday roasts are simply divine, and in my opinion, amongst the best you'll get in the South Hams and sensibly priced. Meats are cooked to perfection served with a rainbow of veggies and delicious roasties all accompanied with lashings of luscious gravy. And for afters, if you have room, the mouth watering desserts are a real treat. There is always a vegetarian alternative on offer too. And...if that wasn't enough, Maggs is also taking orders for Christmas cakes and mince pies, so don't delay in getting your order in. Oh, and there are Sunday Festive lunches in December too, so be sure and book to avoid disappointment.

Did I mention the ham, egg and chips? It would be rude not to... the best ever - thick slices of succulent ham, eggs cooked to perfection and lots of chunky chips drizzled with ketchup to dip in those eggs.

So if you would like to feast your eyes and indulge in a great choice of wonderful food, enjoy stunning views and free parking, Maggs and the fantastic team will be delighted to see you. A warm welcome awaits!

To find out more and book, follow them on Facebook or visit www.bigburygolfclub.co.uk Tel: 01548 810557

Ringmore WI 100

On Thursday 14th November, Ringmore Women's Institute celebrated their Centenary in the WI hall with a special afternoon tea for members and invited guests. A large photograph of the village was unveiled by Drina Williams to commemorate the occasion.



Jackie Tagent, our previous president, cut the cake, and after the toast a delicious tea was enjoyed.



Ringmore WI is proud to have designed and built their own hall in 1929, and we still own, maintain and care for it. This provides a focal point for many village activities. We hope our group will continue to adapt and grow, and that the hall will host many more fun celebrations and charity events in the future.



Anyone interested in joining us, please contact Jane Baker 01548 811 115, or Tracy Hyde 07884 003152 Jane Baker, President Ringmore WI





Funding Requests 2025-26

Bigbury Parish Council are preparing their budget for 2025-26. The Council invites organisations and individuals to request for grants that will benefit and support the local community.

Requests should specify the amount, full justification for the funding and contact details of the applicant.

Application deadline: Monday 9 December 2024 Please send applications to the Parish Clerk: clerk.bigburypc@gmail.com

Parking Arrangements Holywell Stores Please be aware of the new parking arrangements at Holywell Stores which have been put in place to assist customers who visit the store.

HOLYWELL STORES CUSTOMER PARKING ONLY 30 MINUTES RESTRICTED PARKING FOR CUSTOMERS ONLY

Bigbury Road Closure



B3392 closed at night from Pond Green Cross to Bigbury Green Cross from 6 to 17 January 2025 from 18.00 to 06.00 hrs. See map. (Excl. Emergence Vehicles)

Alternative route via Ringmore and Challaborough to Bigbury on Sea, Bigbury Green and Golf Club

Happy 69th Wedding Anniversary to Harry and Ellen Bardens!

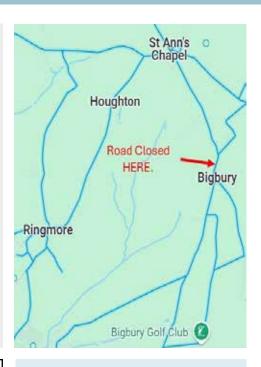




As many of you will have noticed, some of the green verges in our parish are suffering from heavy vehicles ploughing over them. Bigbury-on-Sea's verges are particularly vulnerable owing to the narrow roads and high volume of contractors' vehicles in that location.

The parish council is calling on all property owners to impress upon their contractors the importance of taking extra care when navigating large vehicles up and down our narrow roads. It is illegal to use the green verges for parking. Alternative parking arrangements should be made either on site or in car parks. The use of vehicles that can negotiate the tight turns will stop indiscriminate damage to the verges. We also ask that known obvious damage be made good as soon as possible to demonstrate a positive example to others. Builders should be made aware of this obligation to repair damage as part of a project's Construction Environmental Management Plan.

With everyone's help, we can stop further harm and give our lovely green areas the chance to recover.



DATES FOR YOUR DIARIES FOR THE ST. LAWRENCE'S CHURCH FLOWER FESTIVAL 2025 Friday 8th - Sunday 10th August

These events are to raise funds for flowers and sundries for the festival. In the Memorial Hall starting with:

Monday 11th November 2024 Soups and puds12 noon-2pm Thank you everyone who came and enjoyed various soups and puddings. We raised £245- Thank you

Friday 21st February 2025 Quiz Night

Saturday 19th April 2025 Easter Fayre

Thursday 19th June 2025 Ascot Ladies Day cream/savoury tea (Find your hats and glad rags please!)

There will be a meeting in St. Lawrence's Church on Monday 20th January 2025 at 11am for all people interested in decorating the Church for the flower festival on the theme of BELLS.

We look forward to seeing you and hearing and sharing your ideas.

Jean and Hilary

What's On

2 December Tearfund Lunch Ringmore WI Hall 11.00 - 2.00

4 December Bigbury Coffee Morning The Memorial Hall 10.30 - 12

5 December Bigbury History Society Quiz Night The Memorial Hall 7pm

7 December WI Christmas Celebrations Ringmore WI Hall 11.00 - 1.00

7 December Christmas Party The Memorial Hall 7.30

8 December Jazz Night The Journey's End 7.30

9 December Local History Quiz The Memorial Hall 7pm 10 December Memorial Hall AGM Memorial Hall 5pm

20 December Candlelit Carol Service All Hallows, Ringmore, 6.30pm

22 December Christingle & Carol Service St Lawrence's, Bigbury 11am

24 December Carols on the Green Bigbury Green 6.30pm

25 December Family Service All Hallows, Ringmore, 9.30am

9 January Sacred Landscape - WI talk Ringmore WI Hall 7pm

10 January Bigbury Quiz Night The Memorial Hall 7pm





The Memorial Hall, St. Ann's Chapel Entrance £1 to include coffee/biscuits Bric-a-Brac, Books, Cards, Silk items from Cambodia, Cakes, Savouries, Raffle, Guess the weight of the cake etc.

10.30 - 12.00 Wednesday 4th December Supporting St Lawrence's Church

11am Wednesday 5th February Biscuits, Cake & Chat

15 January Ringmore Historical Society Agatha Christie's Legacy - a talk Ringmore WI Hall 7.30 pm

NEED LOCAL STORAGE?

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A packed Memorial Hall on Friday 4th October enjoyed hearing about the successful project to get St Lawrence's bells ringing out again. Brief presentations accompanied by photos and slides, from Henry Wainwright, Peter Cook, Vic Gubbins and Mike Wynne-Powell, described the bells' history, the project financing and actual work involved in the restoration of the bells. A fascinating musical demonstration by Jo Lowe followed, exploring the sounds produced by our bells. An impressed audience had an informative and entertaining evening, as well as sharing platters! A generous raffle and of course 'hot off the press' books on the Bigbury Bells for sale helped raise £400, thank you to all donors concerned. Holywell Stores, Henry and Jill have further copies of the book for sale (£5), which will make ideal Christmas gifts of course!



A bellringing taster session on Saturday 2nd November saw a heartwarming turnout by local youngsters, residents and holidaymakers, each given some time to successfully get a bell ringing! This is a sociable activity, good for the brain without being overly physical as the bells at St Lawrence are considerably lighter than at other churches - if you are interested in starting or restarting bell ringing, our mixed team of ringers would be delighted to show you the ropes (forgive the pun!). The more people involved, the easier to provide a regular ring of bells prior to Sunday services, which are separate from the bells activity, and second homeowners and holiday makers are equally extremely welcome - please contact Henry on 810991 for further information. Huge efforts by many volunteers have allowed the bells to hang safely in the tower, let's keep them ringing!

A lovely Harvest Festival led by Rev Matt was celebrated on Sunday 13th October, thank you to those involved in decorating the church so plentifully and beautifully. This was followed by a splendid and much appreciated lunch for 54 people in the Memorial Hall, prepared once again by Jean Wright and which raised $\pounds727$ – bravo Jean! Bigbury, Ringmore and Kingston held a joint Remembrance Sunday service at Kingston's church, with about 65 people attending. Wreaths were laid on behalf of St Lawrence and Bigbury Parish Council, both were re-laid later at St Lawrence's memorial.



News is still awaited on a start date for the proposed interior roof over the bells to further protect them from water ingress through the spire and tower, and the extra floor to help with sound proofing the ringing chamber. Sadly the organ has been declared unrepairable, and the diocesan organ advisor is helping investigate how best to replace it. Meanwhile a replacement instrument from Sandra Inglis, sister of Fiona Dukes, is hoped to act as stop gap, many thanks to Sandra and Fiona. New hands to play occasionally for services are also very welcome, please contact the churchwarden.

On the subject of Bryan, our churchwarden, as many of you will know he has undergone cancer treatment during the autumn, and therefore has been absent from events, well nursed by Angie. Both are naturally in our thoughts and prayers for his return to good health.

This year the Community Christmas Card can be found in the middle of the News, simply cut out the double sided page and fold into an A5 card. A special thanks to Bigbury on Sea resident Grant Peet for the reproduction of his watercolour as the card's front cover. Thank you again Jas and Jaswinder for your support too, and of course many thanks to all who participated in this community event, raising £200 for St Lawrence and £15 for All Hallows, funds split according to participants' location. On the card are details of Christmas services at the two churches.

Please do visit St Lawrence over the festive season, whether for services, to sit, reflect and remember, or just to appreciate its history, all are welcome in this special place at the heart of our community of Bigbury.

May you enjoy a peaceful Christmas and a healthy, joyous 2025.

Vic & Jill Gubbins 810651 gubbinsjill@gmail.com www.bigburynews.com/church



All Hallows CHURCH NEWS

A BIG THANK YOU

Thank you to all our flower arrangers who made the church look so good for our Harvest Festival service in October.



And a very big thank you to Sally, Heather and their great band of helpers for organising the lunch after the service in the Parish room. Fifty-two people attended enjoying a wonderful spread provided by the Journey's End Inn. It was a joyful event.



ALL HALLOWS CHURCH NEWS - DECEMBER/JANUARY CHRISTMAS SERVICES We would be delighted to see you at our Christmas services, if not before!

Our Christmas Carol service will be held on Friday, 20th December at 6:30pm. The candle-lit service will be led by our vicar, Matt Rowland and a choir of singers led by Jo Highley. After the service mulled wine and mince pies will be served.

There will be a Communion Service at 9:30am on Christmas Day led again by Oli Long.

TEARFUND SOUP LUNCHES

Lunches will be available between11am and 2pm at the WI hall, Ringmore on the following dates:-Monday 2nd December Monday 6th January Monday 3rd February Monday 3rd March

HOME COMMUNION AND PRAYER

As a reminder if you would like home communion or home prayer don't hesitate in contacting us. We have a weekly house group on Wednesdays at 10.00am if you'd like to come along please get in touch.

ALL HALLOWS PRAYER GROUP

From time to time, most of us feel the need for prayer (whether or not we go to Church). If anyone has a prayer request, they can phone one of the numbers listed below and give details of the request (as much or as little detail as they wish) That person will contact other members of the chain so that a number of people are offering the prayer on behalf of the individual. Confidentiality is always maintained. Prayer chain members are:

Sally Errett 714946 Allison Wynne-Powell 07778 937087 Mary Wilson 830280 Debbie Moseley 07570 804796 Gill Tomlin 810028 Yvonne Turpin 810798 Heather Hinkley 714631 Rosemary Piercy 07562 231617 Mary Naylor 07792 538138

PCC MEETING

The next PCC meeting will be held on Monday, 13th January at 2:00pm.



community to ensure it's here for future generations. To accomplish the various projects that contribute to the heritage and beauty of St. Lawrence's, we need to raise circa £6000/year which means we need 100 'Diamond' Friends giving just £5/month. So, we are asking you to become one of our precious GEMs!

By joining Friends of St Lawrence's Church (FOSL), you will help maintain this priceless building and its remarkable contents. To find out more about the benefits of becoming a Friend, please contact: FOSL Secretary, Gill Cook 01548 810 156 or visit our website: www.FOSLBigbury.co.uk

> FREE book upon joining!

64

FOSL



FRIENDS OF ST LAWRENCE'S CHURCH BIGBURY

CHURCH SERVICES: DECEMBER 2024 & JANUARY 2025

Modbury Mission Community

	Aveton Gifford 11.00 am	Bigbury 11.00 am	Kingston 9.30 am	Modbury 9.30 am	Ringmore 9.30 am	
December 1 st	Sunday Worship	Communion	Communion	Communion	Communion	
December 8 th	December 8 th Sunday Worship		Village Service	Communion (8 am) (BCP) All Age Worship	Sunday Worship	
December 15 th	Communion	Sunday Worship	Communion (11 am)	Communion "Rooted" Carols (6 pm)	Sunday Worship	
December 20 th					Carol Service (6.30 pm)	
December 22 nd	Family Carols (4 pm)	Christingle and Carols	Carol Service (6.30 pm)	Carol Service (6 pm)		
Christmas Eve	Communion (11 pm)			Nativity (4 pm) Communion (11 pm)		
Christmas Day	Communion by extension	Communion	Communion (9.30 am)	Communion (10 am)	Communion	
December 29 th				Team Service (10.30 am)		
January 5 th	Sunday Worship	Village Service	Sunday Worship	Communion	Village Service	
January 12 th Sunday Worship		Communion	Sunday Worship	Communion (8 am) (BCP) All Age Worship	Sunday Worship	
January 19 th	Sunday Worship	Sunday Worship	Communion (11 am)	Communion	Sunday Worship	
January 26 th	Communion	Sunday Worship	Sunday Worship	Sunday Worship "Rooted" (6 pm)	Communion	

UNBELIEVABLE?

Christmas just for the children? For many of us the Christmas story is something heartwarming for the children, but there are too many unbelievable events: signs in the stars, predictive dreams, supernatural beings, a miraculous conception for it to be anything more than wishful thinking

Yet, in many ways there are many supernatural entities that we all believe in, things like human rights, dignity, equality or justice. You can be a believer in things that cannot be measured by science or tested in laboratory.

You may be utterly convinced that all there is are atoms and molecules, but you too (like Christians) believe in a 'miraculous conception.' The big- bang theory when the universe suddenly and instantaneously burst into life. There was nothing and then there was something. No life, and then life. You are a believer in a miraculous conception. We all hold onto beliefs that take faith to believe in, not just Christians

As always you are more than welcome to come to any of our services and events over the Christmas period. Come and enjoy the old, old story but also come with an open mind that what we assume is unbelievable may not just be a children's story, but a true story

Revd Oli Long (curate)

Beach Banter



News from Burgh Island Hotel: Winter Works and Improvements Update

As the winter months approach, we are excited to share some updates with our wonderful neighbours and local community. Burgh Island Hotel is undergoing a series of thoughtful refurbishments and maintenance improvements that will preserve our unique spaces while enhancing guest experience and minimizing impact on the surrounding area. Here's what's planned over the coming months:

Palm Court Floor and Lower Windows Refurbishment The iconic Palm Court floor and lower-level windows are set for a complete refurbishment to restore their timeless elegance. This work will bring new life to our historic venue, keeping it a cherished place for our guests and community alike.

Damp Proofing of the Ballroom Wall

Essential damp-proofing is being applied to the Ballroom's end wall, ensuring this favourite space stays as beautiful and functional as ever for our events and gatherings.

Crittall Window Replacements

Many of the hotel's Crittall windows will be refurbished from January through to May, enhancing both the aesthetics and insulation of the building, while maintaining the hotel's authentic Art Deco charm.

Guest Rooms Refresh

Several guest rooms will undergo redecoration, continuing our commitment to comfort, style, and the heritage feel that is unique to Burgh Island.

Exciting Developments for 2025

Warren Cottage for Letting

We're delighted to announce that Warren Cottage is being carefully prepared for letting through Burgh Island, making it a perfect retreat with friends and family.

January opening

While the hotel undergoes its seasonal improvements, the Pilchard Inn will remain open for both visitors and locals to enjoy.

Quieter Deliveries and Waste Collection

Drinks are now being delivered directly to the island, reducing noise for residents on the mainland. Additionally, as of February, hotel waste bins will be collected directly from the island instead of the car park, contributing to a cleaner, quieter local environment. Plus gas canisters. Warren cottage carpark will be a much tidier area.

Bookings for local residents for dining

Don't forget, we're offering a 10% discount on all dining for non-resident guests! Join us for a delightful Afternoon Tea in the Nettlefold restaurant or a gourmet meal at the Pilchard Inn.



For bookings, please contact our reception team at reception@burghisland.com or call 01548 810 514, and simply quote LOCAL10 to enjoy this offer. Our booking system will be soon available to book via our website.

Follow Pilchard Inn and Burgh Island hotel on our social media channels and watch out for news on our New Years eve party at the Pilchard Inn and return of the famous island Curry nights!

Thank you to our community for your support and understanding as we complete these improvements. We look forward to welcoming you back to enjoy these updates soon and will keep you informed on our progress.

Warm regards, The Team at Burgh Island Hotel

Beach Banter



www.discoverysurf.com

As we move into the winter months we reflect fondly on another fabulous season here at Discovery in which thousands of locals, school children and visitors enjoyed their first surf, developed their skills or cheered from the beach! We've loved seeing lots of happy smiling faces and already looking forward to lots more adventures next year.

Surf Club is running up until December and will re start again after the February Half term. We're going to be closed for January, and depending on the conditions we will be open for some days over the Christmas holidays for those of you keen to practice your surf skills over the festive period. Keep an eye on our socials or get in touch for up to date opening times.

We've had an exceptional autumn and the water is still a good temperature, but please do be careful in the sea over the winter months where colder water and unpredictable weather can make going in the sea more challenging, especially as there are no lifeguards patrolling.

We hope you all have a fabulous Christmas and make lots of exciting plans for 2025! We're already taking bookings for next season, so please do get in touch if you're keen to get something in the diary or have any questions.

All the best - Annika, Martin, Jess and the Discovery Team







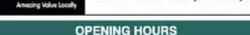


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Village Kitchen

SAUSAGE STUFFED WINTER SQUASH



Ingredients

- · 2 small butternut squash (can use Acorn Squash or other)
- 2 cups cooked rice and/or quinoa
- ½ lb Italian sausage
- · 2 cups mushrooms sliced
- · 2 cups raw spinach
- 1 cup Parmesan cheese
- ¹/₄ cup breadcrumbs
- 1-2 tablespoon olive oil
- 1/4 teaspoon sage
- 2 cloves of chopped garlic
- · salt and pepper to taste

Instructions

Heat the oven to 400F.

Wash and dry your squash, carefully cut them in half, and scoop out the seeds. Grease the surface of a baking pan with 1 tablespoon of olive oil. Grease the squash inside and out with the rest of the oil, sprinkle with salt and pepper, and place cut-side down in the pan.

Bake for about 20 minutes, then turn, and cook for 10-15 minutes longer. Meanwhile, in a medium pot, cook your rice/ quinoa. Cook the sausage in a large pan on medium heat - no oil should be necessary as long as the sausages are fatty enough. Cook, stirring often, until the sausage is lightly browned and no pink remains.

Add in the sliced mushrooms and spinach, and season with salt, pepper, sage, and garlic. Cook until the vegetables are soft. Now, add the rice mixture to the sausage and vegetables, and mix in the Parmesan cheese. Empty side up, fill the squash with the rice mixture. Top with breadcrumbs and additional Parmesan, and bake on high for 2-3 minutes, until topping is golden brown. Serve immediately!

Fiona Stace





Burgh Island Hotel has kindly sent us this seasonal recipe.

JAZZY JAFFA ESPRESSO MARTINI

The classic pairing of chocolate and orange brings a jazzy, upbeat rhythm to your day. The perfect harmony of coffee, cocoa and bright citrus notes make this drink both elegant and decadent.

Ingredients 50ml Cazcabel Coffee Tequila 25ml Triple Sec 50ml Espresso 15ml Crème de cacao Express of 1 Orange Peel

Shake in a cocktail shaker well with ice and double strain into a coupe glass.



The Detectorists



No, this is not a new series being made of the BBC's comedy series about the metal-detecting ambitions of Andy and Lance, members of the Danebury Metal Detecting Club, but a report on a visit by Chris Noakes and Jim Webster to our field in Bigbury. A regular sight on our beaches at low tidy is the sight of the metal detectorist swinging their detector from side to side, yet less common in our fields. Chris came to fix our boiler and in discussion it became apparent that he was a keen detectorist. Curious about what he would find we invited him to go round Cross Park field near Bowls Cross. This field has a public foot path across it that was believed to connect the church with the Rectory, therefore had the potential for dropped artifacts. To note: all detectorists have to the landowners permission to go metal detecting.

The detecting was undertaken in a methodical manner, dividing the field into a grid to ensure that most of the area was covered systematically. Standard equipment used were a metal detector with swivel head, a narrow bladed stainless-steel spade and a point locator. The latter is used to pinpoint an item within a soil clod which is very helpful when you might be looking for, as an example, a single 10 mm coin. The metal detector can distinguish between iron and other metals and iron finds were ignored (pieces of farm machinery and things like horse shoes). Interestingly most finds were found at about 60 cm depth, presumably where the plough had buried those items drop on the soil surface.

There are two pictures of the finds. In the first there is a George I half penny (King from 1714 – 1727) and a George II half penny (King from 1727 – 1760). Both were made of copper. Other coins had deteriorated too much to be identified. The large oval lump of lead is a medieval palm guard and there are a few needle marks to be found in the hollow. A palm guard has a slightly concave face that allows it to sit comfortably into the palm of your hand. It is believed to have been used to push a needle through a tough material, such as leather. Apart from the decimals all the other coins are too far gone to identify.

18

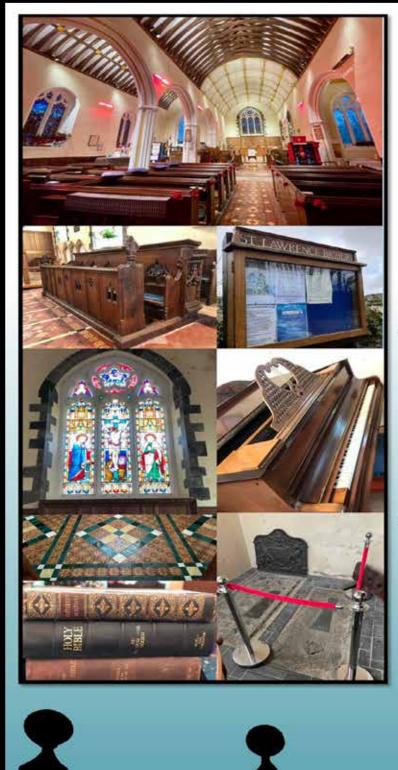


In the second picture there is the remains of a pot leg, made of a copper alloy and dates between 1200-1650 medieval. There is a 1882 'bun head' Victoria penny and a dandy button. The dandy button (top centre) is the large button with a starlike design in the centre. A dandy was a man who placed great importance on physical appearance, refinement, and leisurely hobbies. During the late 18th and early 19th century, these British men were often self-made and strove to imitate the aristocratic lifestyles of the upper class, despite their often-middleclass backgrounds.



The National Council for Metal Detecting (NCMD) lays out quite clear Codes of Conduct and explains the legal side for metal detectorists which can be found on their website (www.ncmd.co.uk). For significant finds over 300 years old then they get handed onto the Finds Liaison Officer (FLO) who operates out of Exeter Museum. The FLO will formally identify the items and register them with the Potable antiquities scheme which is a nationwide database run by the British Museum. In the unlikely case an item is classified as treasure then a coroner will value the item and if sold (maybe to a museum) then the money gets split 50/50 with the landowner. Chris and Jim are also part of the national ring recovery service. If someone loses a piece of jewellery, then they can report it and a local detectorist can attend and conduct a free search. If the item is found, then we ask for a charity donation to the recognised charity that the organisation is currently supporting. If you are interested in seeing what historic items might lie beneath their soil then Chris would be very interested in hearing from you (07870 791502).

Henry Wainwright



11111

Be a GEM!

Become a diamond-level Friend of St. Lawrence's by Giving £5 Each Month.

Historical St Lawrence's Church relies on the ongoing support of the community to ensure it's here for future generations. To accomplish the various projects that contribute

to the heritage and beauty of St. Lawrence's, we need to raise circa £6000/year which means we need 100 'Diamond' Friends giving just £5/month. So, we are asking you to become one of our precious GEMs!

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TO JOIN, SIMPLY COMPLETE & RETURN THE FORM (OVERLEAF)

To find out more about the benefits of becoming a Friend, **please contact:** FOSL Secretary, Gill Cook 01548 810 156 or visit our website: www.FOSLBigbury.co.uk



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Membership Application Form

Please enrol me as a Friend of St Lawrence's Church

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I have set up a standing order to: 'Friends of St Lawrence's Church' • Sort Code 77-09-24 • Account Number 17797360
Commencing (day/month/year) / / / for the amount of:
□ £5/Month
□ £60/Year
\Box Other: £ / month or £ / year
By giving £60, or more, in total annually you will be one of our 'Diamond' members.
Your privacy is important to us. By signing this form you are consenting to Friends of St Lawrence's Church (FOSL) holdin and processing your personal data (as provided above) for the purposes of keeping you informed about news, activities and events of FOSL. You can change or withdraw your consent at any time by contacting the FOSL Secretary at petercook@btinternet.com
Signature Date
Gift Aid Declaration
□ I should like St Lawrence's Church, Bigbury, to reclaim tax on all donations and membership subscriptions I make now or at a later date. I understand I must pay an amount of UK income or capital gains tax equal to the tax reclaimed.

Signature

As a diamond level member, you will have your own number in The 100 Club and we will endeavour to assign you with your preferred number (between 1-100), if available.

My preferred numbers: 1st choice: 2nd choice: 3rd choice:

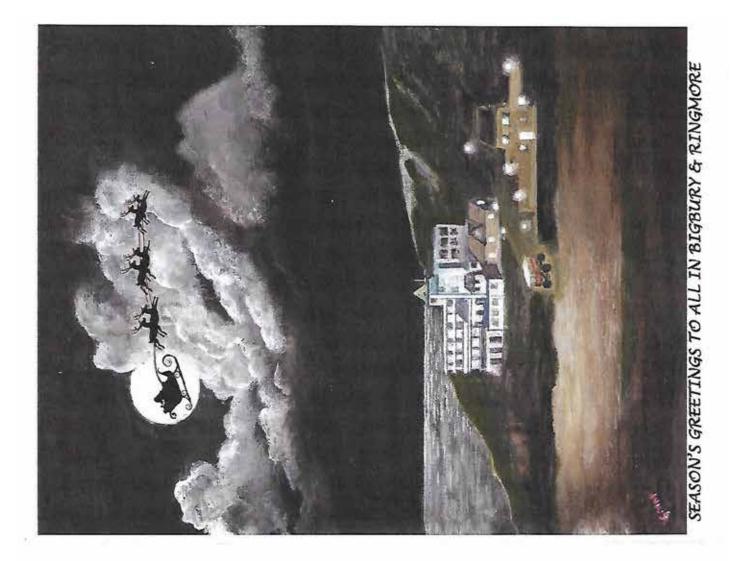
If your number is not available, we will contact you to choose from remaining options.

Please return this form to: *The Friends of St Lawrence's Church Secretary, c/o Gill Cook, The Brambles, Ringmore Drive, Bigbury on Sea TQ7 4AU* or scan and email to: *petercook@btinternet.com*

Date

WARM THANKS TO EVERYONE NAMED IN THIS CARD FOR THEIR KIND PARTICIPATION, WHICH HAS RAISED FUNDS FOR ST LAWRENCE & ALL HALLOWS CHURCHES. Many thankyto GRANT PEET for the

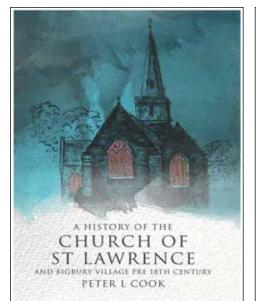
Many thanks to GRANT PEET for the 2024 front cover (copyright Grant Peet) ALL VERY WELCOME AT THE FOLLOWING: ALL HALLOWS: FRIDAY 20th DECEMBER At 18.00 – Carol Service WEDNESDAY 25th DECEMBER at 09.30 Christmas Day Communion ST LAWRENCE: SUNDAY 22 nd DECEMBER At 11.00 – Christingle & Carol Service WEDNESDAY 25th DECEMBER at 11.00 Christmas Day Communion Christmas Day Communion 24TH, 6.30 pm CAROLS ON BIGBURY GREEN www.modburyteam.org & www.bigburynews.com



Carmen Henderson	Gill Tomlín	Bryan & Angée Carson	Cathy & Charles Harrington	Rachael & Elsa	Sara & David H-G & family	Líz & Geoff Edwards	Janíce & Peter Walton	John & Sue Plummer	Fred & Kath Heatley	Michael & Heather	Hans the Flying Dutchman	Jean Wright	Margaret Hawes & Treacle	Pat & Jún Chadwick	Grant & Gill	George Rosevear & Mary Talbot-Rosevear	-	OUR FRIENDS & NEIGHBOURS FROM	VARM WISHES FOR CHRISTMAS & NEW YEAR TO
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Henry & Louise Pam, Pete & Cookie Vic & Jili Gubbins Michael & Pat Holness Hazel Osborne Peter & Gill Cook Angie Bond & Family Alam & Yvonne Klidjian Katie & the Wave Project John & Jane Tucker Helen & Peter Buick Rita & Mike Baker John & Hamley Hawkes Mo Stuart & Sally Watts Rose, Matt & Nibby John & Lyn Tweed Carol Young Lizzy & Phil Pawsey Martin & Sascha Thomas G H W Rosevear & Co.

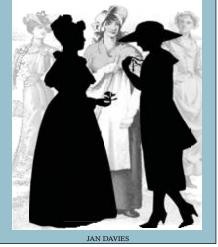
Local Books



The Bells of St Lawrence's Church Bigbury



BIGBURY WOMEN ~ A HISTORY ~



Three local history books are available now (they'd make great Christmas presents!). Peter Cook's History of the Church of St Lawrence is extremely well researched and also gives us an early history of Bigbury parish. It's free to diamond members of the Friends of St Lawrence's (see centre pages).

Henry Wainwright has compiled The Bells of St Lawrence's Church and filled it with interesting chapters on the internal structure of bell towers, how to hang the bells, and most importantly: ringing the bells! £5 from Holywell Stores.

Jan Davies researched the history of Bigbury Women from the parish records and local archives. It's also $\pounds 5$ from Holywell Stores, with all proceeds going to the Devon Air Ambulance Trust.







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Beekeeping

POLLEN PILOTS



Becoming a beekeeper is a fun and interesting hobby. Every year is different from the last and you are constantly expanding your knowledge learning about these incredible pollinators and their vital role in nature. For me, beekeeping is about nurturing and working with my colonies, ensuring that their home is dry, helping stave off diseases and they have plentiful food sources in my garden, just in case the surrounding areas might not be so bountiful.

As a beekeeper you become aware of which plants are growing at certain times of the year and what food sources are available to the bees. To help with the dearth in winter, I have planted more hellebores and snowdrops.

Beekeepers are a very friendly bunch of people, all willing to help each other out. We often meet up to help each other mark new queens and help new beginners to the craft with any questions, guidance and technique over a cup of tea. I have made some lovely friendships with people of which I know our paths wouldn't normally have crossed, yet have through beekeeping, which is truly lovely. When I first started the craft, I was very surprised to learn how all the bees in the colony have a role to play. As a beekeeper it's all about observing and understanding timings, keeping the colony in good health and in some cases swarm control measures. Keeping good records of what is happening in your hive will help you notice any changes.

It's All About Teamwork...

The colony works as a very efficient team, all having their jobs to do, constantly communicating and working in harmony to keep a very clean and thriving hive.

The Queen (marked with a white dot in the photo) is the most important member of a bee colony, she is solely responsible for reproduction and is capable of laying 2,000 eggs per day and continually emits pheromones (a bee perfume) that only the bees in the hive can smell. These pheromones keep the female workers sterile. The queen has attendants, only some of the worker bees get this special job. These bees groom and feed the queen bee as she is too busy laying eggs.



Worker Bees are always females and have lots of different duties depending on the age of the bee.

Nurse Bees and Cleaners are responsible for cleaning and polishing the empty cells by cleaning the cell they hatched out off to prepare it for the next egg. Nurse bees feed and care for growing larvae.



The Male Bees called Drones (above), have no stinger, pollen baskets, or wax glands. Their main function is to fertilise the virgin queen during mating flights. Drones generally go out of the hive around mid-morning to a congregating area in the sky or man club as I like to call it and then return to the hive around mid-afternoon but only if they have been unsuccessful with the mating. If they have been lucky to mate with the virgin queen, that's the end of their life, or unlucky for the male!

Pollen Packing Bees collect pollen from the returning foragers and pack it in cells for later consumption. House Bees also help with cleaning, feeding the colony and collecting the food source from the forager. Once the nectar is brought into the hive the house bees will give it a chew for half an hour or so, during which time they will add an enzyme to the nectar which will help it break down and form a syrup. This syrup is then placed in the cell, overtime the water will evaporate from it to form honey.

Fanners help to control the temperature in the hive. When the weather is hot, these bees collect water and bring it back to the hive and spread it in the hive. The bees fan their wings, which creates airflow inside the hive, cooling it with the evaporating water, keeping the hive at a constant temperature between 34/c to 35/c irrespective of the external temperature around the hive.

Beekeeping

The Architect Bee is responsible for building honeycomb by creating perfect hexagons. Once these bees have matured to around 12 days old, their wax glands produce beeswax flakes. In order for the bees to produce these flakes they must consume large amounts of food. The wax is also used to cap off the honey.



The Undertaker Bee's role involves removing dead bees from the hive and cleaning up any debris from the dead bees. I remember the first time I saw a worker bee pulling a dead bee out of the hive entrance, suddenly, the bee took off holding the dead bee with its legs wrapped around it, it flew up and away from the hive and then just dropped the dead bee on the grass and then flew back into the hive.



Guard Bees are nearly the oldest bees in the colony. They are mature bees who have a good, developed stinger. After a guard bee, they will become The Forager. Guard bees stand at the entrance of the hive keeping an eye and smell on who approaches the hive. Resident bees will have a pheromone on them to indicate this is their home. They also protect the hive from wasps, other bees from different colonies, bumblebees and even mice. If the guard bees feel threatened, they will emit an alarm pheromone to warn the hive of danger.



The Foragers are the breadwinners of the hive and generally the oldest bees. They are tasked with scouring up to a 3-mile radius from the hive for suitable nectar and pollen and bringing it back to the hive entrance. You can always tell if the honeybee forager is old, by looking at their torn wings from doing lots of flights. They will keep flying until they just can't fly anymore.





As the year goes on, the colony will build up and the bees will start to produce honey stores. Most beekeepers take what honey they feel is enough for themselves, ensuring they leave plenty for the bees to live off during the winter months. Enjoying your own honey and having your own beeswax candles in your home is an absolute joy.

If you are interested in taking up the craft of beekeeping, South Hams Beekeepers have a course starting in January 2025, please send me an email on: piff787@gmail.com for details.

Lisa Brown





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Unwind

Here we are in December already! I can't quite believe how quickly this year has flown by for me. I'm not a big one for New Year's resolutions but I am finding that this time of year myself and a lot of my clients are reflecting on what they didn't quite get around to doing and what we hope to achieve next year.

Looking after ourselves is always certainly high up on the priority list of 'to do's' more exercise... more skin care... a new look...more me time...

Well there is no time like the present to start making changes and introducing more or new into your life before another year get away!

You are never too young or too old to get started. Featured in the photographs are my youngest Verity, age 10 who this summer decided it was time to make changes and stop biting her nails. 6 weeks later after a few lovely manicure she has broken the habit of her life time and has now got beautiful nails!



My wonderful glamorous client Hilda has been treating herself at Unwind for several years now. She loves her monthly pamper session. At a grand 94 years young she has set an Unwind record for being my eldest client to have Gel nails! I love this! You are never too old to try something new.



Trying something new and making change can be daunting. Here at Unwind Kirsten (Unwind's hair stylist) and myself will welcome you with open arms and offer you support and advice whether it's to make the big decision about introducing hair colour or embracing your natural you to arranging a schedule of 'me time' appointments throughout the coming year. It's time to put you first!

Please didn't hesitate to give us a call. You can always pop in for a free consultation and chat to get the ball rolling. We offer a very personal service. We will look forward to seeing you.

How about treating someone special in your life to a kickstart with a gift voucher?



This makes the perfect Christmas present, Birthday treat or a little something to say you are thinking of them. Call 01548 810000 or text 07786860440 we can post vouchers free of charge, drop them off locally or have them ready you to pick up when passing.

We would like to say a massive Thank You to all our existing clients for supporting my small business for another year. We feel very privileged to have such loyalty from our surrounding villages.





We truly hope that you all have a wonderful Christmas and very much look forward to seeing existing and new clients in 2025.

Louise Pitt ~ Unwind in Bigbury

Avon River Champions



Avon River Champions

The AGM for Avon River Champions will be held in January 2025. More information soon on BigburyNetZeroDrums (subscribe www.bigburynetzero.org) and to subscribers for the Avon River Voices e-newsletter (subscribe www.avon-river-champions.org)

Please get in touch, if you are keen to be involved in protecting the River Avon and Bigbury Bay from pollution and in rebuilding habitat along the full length of our catchment from Dartmoor to Burgh Island. info@avon-river-champions.org



Avon River Champions is calling upon all parish councils in the Avon catchment to form an Inter-Parish Water Quality Group in the same way that riparian parish councils in the Yealm and Erme catchments have already done. One councillor from each parish council would meet twice per year with Avon River Champions at a collective hybrid meeting chaired by Avon River Champions. Data will be shared on the current pollution issues and opportunities highlighted for our communities to become river-sensitive in the way they use sewer and drainage systems.



The proposed Blue Print Project is still awaiting confirmation of funds from the Water Restoration Fund, financed by fines to South West water and managed by the Rural Payments Agency. Please see more information about this here: https://www.avon-river-champions.org/ blue-print-project We have a passionate and competent Steering Group which includes Dr Juliette Jackson (Seadream Education CIC), Gary Jolliffe (Force4Nature), Dr Frances Hopkins (Plymouth Marine Laboratories), Richard Powell (Habitat Group and Sustainable Blackawton), Susie Hudon (communications expert), Will Benzies (farmer) and Paul Vann (Friends of Salcombe Kingsbridge Estuary).

Keep in touch. We need to work together to do much, much more.



Louise Wainwright Chair - Avon River Champions River Avon - South Hams

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w. www.avon-river-champions.org e. info@avon-river-champions.org m. 07908 525663 Facebook @ Avon River Champions Instagram @ Avon River Champions E-news Avon River Voices sign up

Net Zero



Bigbury Golf Club kindly hosted the hybrid AGM of Bigbury Net Zero in October where we introduced exciting new campaigns aimed at helping households, farms and businesses in Bigbury to reduce their reliance on fossil fuels and rebuild habitats for nature to thrive in Bigbury. Please see our website for details of these campaigns and how you can join in this endeavour.

www.bigburynetzero.org

Thanks to Nancy Singleton and Katie Smith for helping to organise the AGM. Als Parker the Octopus UK Development Director for community energy gave a presentation about the proposed wind turbine in Bigbury and explained why it will be of direct benefit to communities in Bigbury, Ringmore, Kingston, Aveton Gifford and Churchstow. Als explained:

" A wind turbine in Bigbury Parish, such as the Rollliers proposal, would generate renewable electricity and feed it deep into the local area's 11kV electricity network. This is the local network of wooden poles that we see around the countryside that supply homes and businesses with low voltage power. Because there is very little generation in the area and plenty of demand for electricity, it is likely that the physical electrons from the wind turbine would stay within this local network and supply the surrounding parishes with clean power. In the event that there is more generation than demand, any excess power would be stepped up into the 33kV electricity network at Kingsbridge's primary substation to be distributed further afield. The Local Distribution Network Operator - in this case National Grid Energy Distribution (NGED), has provided the wind turbine with an unrestricted connection offer, this means that they are confident that the majority of this local power will be used locally".

BIGBURY NET ZERO

Dave Omagba, the Octopus Manager for the proposed Rolliers turbine project, reveals that "The Octopus public consultation has now concluded with an impressive 87 of the total 91 respondents being 'local residents' in Bigbury and neighbouring parishes. Of these local respondents, 82% said 'yes' they would support the Rolliers turbine if their concerns were addressed, while 7% (6 residents) said 'no', and 11% said they were not sure (10 local residents). This public consultation report will be submitted with the planning application in the spring of 2025



The Planet Bigbury campaign provides an opportunity for businesses and individuals to donate to a Community Chest, which will provide small grants to local initiatives that support the main aims – support local businesses, restore & protect natural habitats, increase use of renewable energy, protect the River Avon & Bigbury Bay from pollution and reduce reliance of transport on fossil fuels.



We are grateful to our latest supporters, Oyster Shack (£500), Bigbury Golf Club (£100) and Bigbury Parish Council (£918) and Be the Earth Foundation through Farhana Yamin a flow funder (£2,000). The owner of RCP Carparks, Sarah Naghshineh, for offering to fund a large outdoor information board costing over £1,000 about our Planet Bigbury and Plastic Free Bigbury Bay campaigns. Cllr Bernard Taylor has also promised funds from his ward environment budget from SHDC. We are in discussions with other businesses in Bigbury to confirm their plans to support Planet Bigbury and the Community Chest.

Grateful thanks to Katie Smith who has stepped up to become the BNZ Secretary and Fiona Barker who has offered to be our BNZ Membership Secretary. Fiona is working with our Treasurer, Johnathon Marshall to simplify the process for businesses and households in Bigbury and further afield to support our work through annual membership subscriptions. You will soon be able to donate and also subscribe as a member on our website - £100/yr for businesses and £10/yr for households.

Karen Lawrence (Devon Cow graphics) undertook the design for our campaign posters and we are very pleased with the results of her creative skills. Local climate activists Julliette Jackson and Lynda Kelly are a constant source of inspiration and support for the work of BNZ. If you want to help or have an idea you want to suggest – please contact info@bigburynetzero.org

Please follow BNZ Facebook to get updates on our campaigns and subscribe to BigburyNetZeroDrums e-news about upcoming events. See links on our website.

Finally – thank you to the BNZ Committee (Michael Smith, Johnathon Marshall, Farhana Yamin, Tim Smith, Katie Smith) for their unfailing support and advice and to the Editor and Business Editor of Bigbury & Ringmore News, Jan Davies and Nancy Singleton.

Louise Wainwright Chair Bigbury Net Zero



The Shack Crew look forward to welcoming you for some cracking local seafood

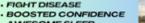
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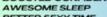
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THE OYSTER SHACK

Tucked away just off the scenic tidal road, the Oyster Shack in Bigbury is a haven for seafood lovers. Surrounded by the stunning beauty of the Devon coast, it's the perfect spot to unwind after a bracing walk along the estuary or a day exploring the countryside. Step inside to experience the warm, welcoming atmosphere that makes every visit feel like coming home.

This winter, The Shack is excited to introduce a brandnew Winter Warming Menu, specially crafted to keep you cosy during the cooler months. Each dish is prepared with the freshest local ingredients, celebrating the best of the seasons. Inspiration is drawn from what's available in the waters around us, bringing you a Weekly Catch of the Day that showcases the very best the ocean has to offer. Whether it's plump scallops, tender crab, or the finest linecaught fish, you'll savour the taste of the sea in every bite.

But the experience doesn't end with the food! Indulge in a sip of our signature Oyster Shack Gin, a locally distilled delight that's as unique as our coastal location. Crafted with care by its talented crew, this gin captures the essence of the region with a blend of botanicals that complement our seafood offerings perfectly. Whether you're joining for a leisurely lunch, a cosy dinner, or just a quick drink after a seaside stroll, we promise you'll leave with a smile—and a desire to return.















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Business Matters

I hope that over the past two years, the information, support and guidance featured in Business Matters has been useful to our local businesses. As many of you may be aware, this is the last edition of Bigbury & Ringmore News, but please do remember that free impartial advice can always be obtained from the Heart of the South West Growth Hub who will make best endeavours to help and guide you to the support best suited to your business needs.

Helping you to go Greener - The Green Impact Fund



It's been a privilege collaborating with the Growth Hub over the past few years and I hope that you will take advantage of their services to make the best of your business.

Nancy Singleton Business Editor The Green Impact Fund is a £1.8 million capital grant scheme funded by the UK government as part of the Devon and Torbay Devolution Deal and managed by Devon County Council. It aims to support local business and community organisations to implement decarbonisation measures, reduce energy use and lower their carbon footprint for more sustainable operations.

The fund is available to businesses and community organisations located within the Devon and Torbay area Grants available range from £5,000 up to £49,999. By reducing energy consumption, the fund aims to lower operational costs for local businesses and support Devon's commitment to achieving net-zero emissions.

If you're a Devon-based SME ready to make sustainable changes, explore how the Green Impact Fund could support your journey toward a greener future. Find out more and apply: https://www.heartofswgrowthhub.co.uk/ launch-of-green-impact-fund/

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POUNDS BARN BUBBLES

Natural organic soaps, shampoo, and balms using essential oils hand-made by Tina with love in the South Hams.



I started Pounds Barn Bubbles after researching and going on a course as to how to make organic soap after my granddaughter was suffering with eczema just like her mum. Within a week of them using the natural soap her skin started to heal, it was like a miracle to us, so it was back to basics.



People started to ask me about shampoo for psoriasis on their head and after lots of research and testing various recipes. I found the perfect one and also started making shampoo for normal hair.

This led me to explore and make different essential oil soaps, shampoos, face, healing, leg, feet and magnesium creams and balms for all skin types.



With our canine friends in mind, I also make dog shampoo which is ideal for dogs with skin problems as it contains Citronella to keep the fleas away. It leaves them with a shiny coat and smelling nice too!

Passionate about our environment and planet, our simple recycling package is eco-friendly. All bars are free of palm oil, artificial colouring, fragrance, preservatives, alcohol, laurel sulphite, DEA, detergents, or any other synthetic additives that you find in commercial shampoos and soaps. Every bar is made in small batches with the curing process taking 4-6weeks. To help preserve the life of your bar, always keep it dry between uses and enjoy the luxurious creamy lather which will leave you feeling clean and moisturised.



You can find my products at the fabulous Fourteen A, in Modbury, Kingston Market, Hope Cove Gallery, Ring Feeder, Kingsbridge Hall antiques, craft & collectables monthly markets and Kingston Christmas Fair.

So, if you're looking for a special present, whether it be for a birthday, anniversary, Christmas, wedding or special occasion, I'd love to hear from you.



To find out more, please visit: Facebook: Pounds Barn Bubbles Tel: 07796975291







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'Yoga with Zoe

Yoga is an amazing way to bring balance, flexibility, and peace to both your body and mind. Through mindful movement and deep breathing, it can help to reduce stress, improve circulation, and build strength—all while leaving you feeling mentally refreshed, clear, and emotionally grounded. Yoga invites us to pause, breathe, and nurture a healthier, more mindful, and present Self. Whether you're new to yoga or a seasoned yogi, it's a great way to reconnect with yourself, find your calm, and build resilience for life's ups and downs.

Join me to discover how yoga can benefit you! My regular classes are a great way to start your day, helping you to release tension, build strength, and centre your mind in a welcoming and supportive space. Classes are suitable for all levels, so whether you're a beginner or an experienced practitioner, there's something for you. If you're seeking a more tailored experience, I also offer private tuition for up to five people, so you can move, stretch, and relax at your own pace.

Move with Zoe – Strength, Movement & Mobility Classes Regular Classes and Private Tuition Beginners Welcome Health & Wellbeing Focus All sessions are held in Challaborough.



Contact Zoe - 078734 10189







How many of us are thinking - "Where has this year gone" - while some of us will be thinking - "It was washed away"! At Bigbury Golf Club we did finalise the 2024 Season's Honours Board and Trophies Competitions thanks to the sterling work of Richard Shapland and his team of greenkeepers. The scoring during the season was exceptional and many handicaps tumbled (but many also went up). The Annual Prize Giving celebration evening has been held and Eddie Inch, the Club President, announced the prize winners whilst standing in front of a groaning table of precious Trophies. This is always a special evening at Bigbury Golf Club enjoyed by many proud golfers, their families and friends.

This year's Ladies Captain, Linda Hanbury, alongside the 2023 Gents and Ladies Captains, Karen and David Graddon, were delighted to be at the Clubhouse recently to present a cheque for £3,250 to Helen Mackie, the senior regional fundraiser for the Motor Neurone Disease Association. Also present for the enjoyable occasion and to welcome Helen to the Clubhouse were Chairman Steve Ryder, Ladies Vice-Captain Mary Wilcox, and Seniors Vice-Captain Mick McNulty. The photograph below shows R-L Helen, Karen, Linda and David. Helen was interested to hear from Linda how the donation had been raised, especially the social type events that had been so enjoyed by many people from the local community, always a good thing when fund raising. On behalf of the Association Helen sincerely thanked Linda, Karen and David for all their efforts in raising this considerable donation.



A few weeks earlier a fun team golf competition was played which included fund raising. This time it was Vice-Captain Mary Wilcox who organised a Pink Day in aid of the Breast Cancer Now Charity. All the ladies dressed themselves in varying costumes which included a lot of Pink - as can be seen in the photograph below. As a result of her efforts on the day, as well as an enjoyable day and a fun competition, Mary was able to send off a cheque for £200 to the Charity.



There are many events still to happen before the end of 2024 including the important Annual General Meeting. At this meeting the activities and business of the club will be outlined, as well as the confirmation of the Board Members.

Various Christmas Lunch celebrations and events will also be happening and these will all be enjoyed by players, retired golfers and the many social golf club members keeping Maggs and her team very busy. As well as these events, there will also be Sunday Festive Lunches on December 1st, 8th, 15th and 22nd - all are welcome but reservations are necessary. (Telephone 01548 810557, option 2)

Bigbury Golf Club takes this opportunity to wish all the readers of the Bigbury and Ringmore News the

Marlene Johnson

Get yourself



with JILL's local classes

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and THURSDAYS at Bigbury Memorial Hall: -

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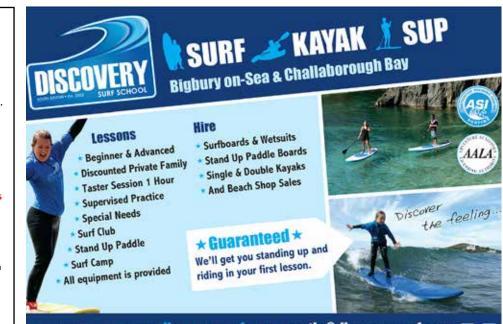
Pilates strengthens & stretches muscles, improves posture & balance - so does Strong & Steady but without floor work, helps maintain independence and rebuild fitness after illness or covid.

FITNESS SO CLOSE TO HOME!

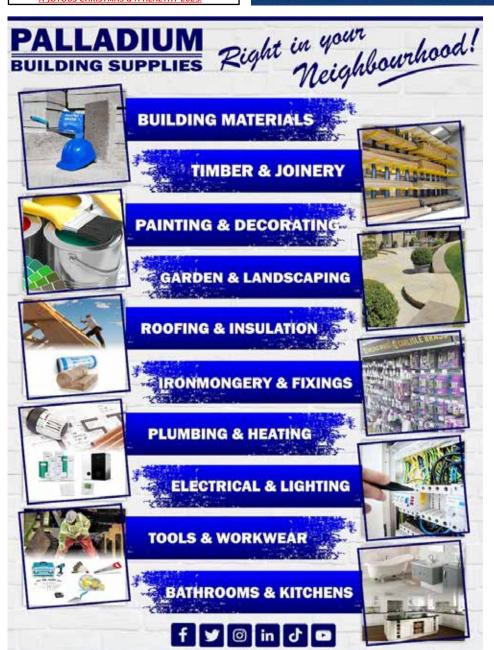
Please contact JILL on 810651 or gubbinsjill@gmail.com before attending if new & interested in joining any sessions. Thank you!

NB: DATES OF XMAS/NEW YEAR BREAK TO BE CONFIRMED, CONTACT JILL FOR FURTHER DETAILS.

<u>WISHING ALL CLIENTS PRESENT & PAST</u> A JOYOUS CHRISTMAS & A HEALTHY 2025!



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